

# Let us help you with the best, yet toughest job... Parenting!



## The Incredible Years



The Incredible Years is an award-winning parent series that encourages the use of “play interactions” and appropriate discipline strategies which are key to fostering children’s appropriate social behavior.

### Topics include but are not limited to:

Strengthening social skills; Emotional regulation; School Readiness skills;  
Using praise and incentives; Effective limit setting; Play.

**For:** Parents of **Pre-K and Kindergarten** students of the  
Middle Country Central School District

**When:** Wednesdays: February 26<sup>th</sup>, March 4<sup>th</sup>, 11<sup>th</sup>, 18<sup>th</sup>, 25<sup>th</sup>, & April 1<sup>st</sup>.

**Time:** 5:30pm-7:00pm

**Where:** Unity Drive Pre-K/K Center (Side door entrance)

**Free child care provided for children 3-8 years of age**

Please call (631)285-8786 to register by February 14<sup>th</sup>  
Registration is limited.

