



**Special Education PTA**  
**Wednesday, May 15, 2024**  
**7 PM**

# **The Youth Anxiety Crisis**

**Children and teens today are exhibiting anxiety in historically high numbers. This presentation will discuss understanding how anxiety is manifested in children, how parents can help, and when to seek professional help.**

***Presented by: Theresa McKenna, Ph.D. of Catholic Health***

**Please join our SEPTA presentation on Wednesday, May 15, 2024 either in person at Dawnwood Middle School (in cafe 1) or virtual via Google Meet at 7 PM.**

**Refreshments will be served.**



Google Meet joining info

<https://meet.google.com/xrh-oyhi-xqx>

Or dial: +1 252-656-5509 PIN: 971 860 097